



RUSHMOOR BOROUGH COUNCIL

POLICY AND PROJECT ADVISORY BOARD

*To be held at the Council Offices, Farnborough on
Tuesday, 26th September, 2023 at 7.00 pm*

To:

Cllr Marina Munro (Chairman)

Cllr A. Allen
Cllr Jessica Auton
Cllr Jib Belbase
Cllr Michael Hope
Cllr Peace Essien Igodifo
Cllr T.W. Mitchell
Cllr M.J. Roberts
Cllr Calum Stewart
Cllr Becky Williams
Cllr G. Williams

Standing Deputies:

Cllr Gaynor Austin
Cllr P.J. Cullum
Cllr Halleh Koohestani
Cllr Jacqui Vosper

Enquiries regarding this agenda should be referred to the Administrator, Adele Taylor, Democracy Team, Tel. (01252) 398831, Email. adele.taylor@rushmoor.gov.uk.

A G E N D A

1. MINUTES – (Pages 1 - 4)

To confirm the Minutes of the Meeting held on 25th July, 2023 (copy attached).

2. ANTI SOCIAL BEHAVIOUR POLICY – (Pages 5 - 8)

The Board are asked to consider the four policy areas, as set out below, which will inform the drafting of the Anti-Social Behaviour Policy.

- Principles
- Response times
- Reporting process
- When we enforce

David Lipscombe, Community Safety Manager, will lead a discussion on the topics set out above. A briefing paper setting out the Council's duties and powers relating to anti-social behaviour and service data detailing demand, is attached. Please also find links, for reference, to two examples of existing Anti-Social Behaviour Policies from [Oxford City Council](#) and [Warwick District Council](#).

3. HAMPSHIRE HEALTH AND WELLBEING STRATEGY - MENTAL HEALTH CONCORDAT – (Pages 9 - 20)

Following the review of outcomes from the previous meeting, the Board are being asked to consider:

- proposed changes to the Supporting Communities Strategy
- the Mental Health Concordat gap analysis report and options appraisal

Report No. ACE2309 (attached) sets out:

- a gap analysis showing the actions required to successfully apply to sign the Concordat
- proposed mental health prevention activity in support of the Concordat, funded by the UK Shared Prosperity Fund
- an options appraisal

4. WORK PLAN – (Pages 21 - 26)

To discuss the Policy and Project Advisory Board Work Plan (copy attached).

MEETING REPRESENTATION

Members of the public may ask to speak at the meeting on any of the items on the agenda by writing to the Panel Administrator at the Council Offices, Farnborough by 5.00 pm two working days prior to the meeting.

Applications for items to be considered for the next meeting must be received in writing to the Panel Administrator fifteen working days prior to the meeting.

POLICY AND PROJECT ADVISORY BOARD

Meeting held on Tuesday, 25th July, 2023 at the Council Offices, Farnborough at 7.00 pm.

Voting Members

Cllr Marina Munro (Chairman)
Cllr Jessica Auton (Vice-Chairman)

Cllr A. Allen
Cllr Jib Belbase
Cllr Michael Hope
Cllr M.J. Roberts
Cllr Calum Stewart
Cllr Becky Williams
Cllr G. Williams

Apologies for absence were submitted on behalf of Cllr Peace Essien Igodifo and Cllr T.W. Mitchell.

5. MINUTES

The minutes of the meeting held on 27th June 2023 were agreed as a correct record.

6. ADDRESSING INEQUALITIES - MENTAL HEALTH AND WELLBEING

The Board welcomed Martha Earley, Director - Partnerships and Communities, Frimley Integrated Care Board, who was in attendance to provide information on existing activities and help available to address mental health and wellbeing within the NHS. Karen Edwards, Executive Director and Emma Lamb, Service Manager – Community and Partnerships, were also in attendance to provide information on Council activities aimed at addressing mental health and wellbeing identified in the Supporting Communities Strategy and Action Plan. Additional information on mental health and wellbeing support and prevention from Hampshire County Council (HCC) had also been provided to the Board prior to the meeting.

The purpose of the meeting had been to understand the current situation related to mental health in the Borough including, planned provision for mental health services, current activities aimed at support for, and prevention of, mental wellbeing. Consideration would also be given to the benefits of signing the Government's Prevention Concordat for Better Mental Health and any implication/proposed changes this may have on the Council's Supporting Communities Strategy.

The Prevention Concordat for Better Mental Health was a shared commitment, amongst relevant stakeholders, to prevent mental health problems and promote good mental health. To become a recognised signatory of the Concordat, the Council would need to:

- agree to the consensus statement, and
- produce an action plan

The Board were apprised of the activities and commitments within the Frimley ICS Strategy and NHS Joint Forward Plan in which Mental Health had been identified as a priority for 2023/24. It was noted that there were currently a number of offers available for both adults and children to help support and prevent mental health issues.

Following a discussion, it was noted that funding had been identified as a key issue, it was important to ensure that projects/priorities and the related resources could be funded. Other areas for consideration included, sharing best practice across GP surgeries, addressing inequalities, early intervention and taking a holistic view to treating mental health matters.

The Board discussed the information provided within the Hampshire Wellbeing Strategy and Suicide Prevention Plan and requested further information on how the activities in the Plan impacted Rushmoor.

The Board were advised of the working within the Council's Supporting Communities Strategy aimed at addressing mental health and wellbeing. It was noted that the Team worked closely with health partners and other organisations to help facilitate projects and activities addressing a wide range of mental health and wellbeing needs across the Borough. Projects included, wellness walks, Balance Glide & Ride, blood pressure checks, SEEDL, Talk Mental, gardening projects and tackling obesity.

ACTION:

What	Who	When
Provide further information on how the delivery of the Hampshire Wellbeing Strategy and Suicide Prevention Plan is supported by Rushmoor, through the Council's Supporting Communities Strategy.	Karen Edwards, Executive Director Emma Lamb, Service Manager – Community and Partnerships	September, 2023
Engage with Hampshire Public Health to understand how HCC are taking forward their Concordat commitments and potentially invite them to attend a future meeting.	Karen Edwards – Executive Director	September 2023

In summary, the Board agreed that it was important to understand where the Concordat fitted into the work already progressing, within the Borough, to tackle mental health and wellbeing matters and what the benefits of signing it would be for the Council. The matter would be picked up again at the Progress Group at which the next steps would be determined.

7. WORK PLAN

The Board noted the current Work Plan.

ACTIONS:

What	Who	When
Include UKSPF on the Progress Group (PG) agenda, in light of forthcoming revised monitoring information	Adele Taylor – Committee Administrator	August 2023
Include the Prevention Concordat on the PG agenda to determine the next steps	Adele Taylor – Committee Administrator	August 2023

The meeting closed at 8.48 pm.

CLLR MARINA MUNRO (CHAIRMAN)

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Antisocial Behaviour Policy (ASB) Briefing

Policy and Project Advisory Board – September 2023

Context

Rushmoor Borough Council have a range of tools and powers to address all forums of nuisance as a responsible authority of the Safer North Hampshire Community Safety Partnership as defined by the Crime and Disorder Act 1998. This act requires the Council to work with Police and other agencies to tackle crime, disorder and ASB across Rushmoor and as an authority are scrutinised on our actions on an annual basis.

The council has an in-house Community Safety Team (CST) who work with other internal departments to address complaints, as well as key partner agencies including Hampshire Constabulary, Hampshire and Isle of Wight Fire and Rescue Service and local Housing Associations. Where appropriate the Council will lead an investigation into a complaint of ASB, involving other agencies as and when required.

The Crime and Disorder Act (1998) defines ASB as: “Acting in a manner that causes or is likely to cause harassment, alarm or distress to one or more persons not in the same household as (the defendant)

As with many other local authorities the council does not currently have a formal ASB policy, but is keen to set out the following for all residents in the interests of transparency and managing expectations:

- Responsibilities with regard to ASB
- Definition of ASB and what the council will investigate
- Agreed response times
- Reporting procedures
- Tools and powers
- Enforcement
- Patrolling and investigation
- ASB case review
- Available support
- Complaints procedure

What is and isn't ASB?

ASB is defined as:

- Any act that causes, or is likely to cause, harassment, alarm or distress to one or more persons not of the same household

Examples of this type of behaviour could include:

- Rowdy or inconsiderate behaviour
- Threatening behaviour or intimidation
- Neighbour nuisance, excluding civil matters
- Littering or drug paraphernalia
- Street drinking and other drug use
- Nuisance noise

- Aggressive begging
- Vehicle nuisance or inappropriate use of vehicles
- Vandalism and criminal damage

The Council does not regard the following types of behaviour as ASB and therefore will not investigate complaints as such:

- Serious criminal matters which are the remit of Police e.g. knife crime, other serious violence, domestic abuse, vehicle crime, robbery, burglary etc
- Persons using public facilities during reasonable daytime and evening hours (e.g. playing in a playpark, using a skate ramp or use of a sports pitch) where they are not making excessive noise, obstructing access to public space or causing damage
- Neighbour disputes involving land boundaries or location of waste bins or other civil matters
- Reasonable noise from vehicles on the highway carrying out normal activities
- Reports of inconveniently or illegally parked vehicles
- Homeless individuals whereby there are no associated negative behaviours e.g. street begging, street drinking, harassment etc

If any of the above falls under the remit of another Council department or agency, the CST will pass the complaint to the other relevant department or seek permission to share the information with an outside agency if applicable.

Tools and Powers

The council have access to a number tools and powers including but not limited to the below:

Warning letters

Warning letters are typically sent to parents of young persons regarding public ASB committed by youths, or households where a complaint of cannabis use has been received. These warning letters are not legally enforceable.

Acceptable Behaviour Contracts (ABCs)

An ABC is a voluntary signed agreement between the person in question and various members of the Community Safety Partnership including Rushmoor Borough Council, the police, registered social landlords and Hampshire County Council.

ABCs are designed to give those involved the chance to admit their actions, and realise the effects they have had on others.

These contracts explain that the bad behaviour must stop, and say what may happen if it doesn't. They aren't legally binding, but they can be referred to in court if the behaviour continues.

Community Protection Warnings and Notices (CPW/CPN)

A notice requiring a person aged 16 or over, business or organisation which can require them to stop a certain behaviour. A notice can also contain positive requirements which an individual, business or organisation must carry out. The penalty for breach of a Community Protection Notice is a fixed penalty notice up to £100, or a fine of up to level 4 for individuals, or a fine for businesses.

Closure Notice and Order

A notice and subsequent order allowing the police or council to close premises which are being used, or likely to be used to commit ASB. Penalty for breach of a notice is up to three months in prison, and penalty for breach of an order is up to 51 weeks in prison. Breach of either is also liable to an unlimited fine.

Criminal Behaviour Order (CBO)

A CBO is used against those committing serious ASB and is aimed at tackling the most serious and persistent offenders. It can be applied for post-conviction in any criminal court. A CBO can include prohibitions for certain behaviours, as well as positive requirements. There is a minimum two year term, and breaching a CBO is a criminal offence.

Public Spaces Protection Order (PSPO)

An order restricting certain types of behaviour in a specific area, allowing police and other authorised officers to request an individual stops doing something. A Fixed Penalty Notice can be issued for breach of this order.

Day to day picture

The CST deal with public and partner enquiries on a daily basis. For 2023 so far 169 direct public enquiries via our team inbox have been dealt with which include:

- Neighbour nuisance
- Cannabis and other drug complaints
- Signposting to partner agencies
- Coordination of responses between agencies
- Youth nuisance

In addition during 2023 so far the CST has been copied in to 627 101 reports taken by Police whereby Police believe it to be relevant to the council. Relevant reports are copied to the Council for assessment and potential further action.

During 2023 so far Council officers have carried out 158 patrols in ASB hotspots.

Other useful information taken from the annual Strategic Assessment

Hampshire Constabulary records ASB under three primary categories. The first is ASB – Community (previously ASB – Nuisance), which includes incidents that cause problems to the local community in general. Environmental ASB includes incidents where individuals and groups have an impact on their surroundings, and Personal ASB identifies incidents deliberately targeted at an individual or group.

In 2022/23 there were 1,338 reports of ASB to the police in Rushmoor. This figure represents no significant change compared to 2021/22 and a 30% (n570) reduction compared to 2019/20 (pre pandemic).

As in previous years, ASB across the Rushmoor area was higher during the summer months, with the most reports occurring in August (13.6%, n182). Reports were higher Friday to Sunday (47%, n630) and incidents increased throughout the day and were highest between 14:00 and 21:59 (50%, n671).

The majority of ASB reports in Rushmoor were classified as ASB Community (89%, n1184). ASB Personal accounted for 7% (n94) while ASB Environmental made up just 4% (n60) of total recorded incidents in 2022/23.

In 2022/23 the key issues for Rushmoor District in terms of ASB were, youth related ASB (23%, n312), neighbour nuisance (18%, n242), vehicle nuisance (14%, n191) and drug related incidents (12%, n158).

More information on the strategic assessment can be found on our [Safer North Hampshire Community Safety Partnership webpage](#).

Next steps

Following the Policy and Projects Advisory Board meeting, officers will draft the policy in consultation with the portfolio holder. It is intended to be presented to Cabinet on the 21 November.

**POLICY AND PROJECTS
ADVISORY BOARD****ASSISTANT CHIEF EXECUTIVE****26TH SEPTEMBER 2023****REPORT NO. ACE2309****PREVENTION CONCORDAT FOR BETTER MENTAL HEALTH – PROJECTS,
GAP ANALYSIS, AND OPTIONS APPRAISAL****SUMMARY**

At its meeting on 25 July, the Policy and Projects Advisory Board explored current activity supporting mental wellbeing and the prevention of mental illness in the Borough.

The Board agreed that it was important to understand where the Concordat fitted into the work already progressing, within the Borough, to tackle mental health and wellbeing matters and what the benefits of signing it would be for the Council.

This Report sets out:

- a gap analysis showing the actions required to successfully apply to sign the Concordat.
- proposed mental health prevention activity in support of the Concordat, funded by the UK Shared Prosperity Fund.
- an options appraisal.

RECOMMENDATION:

The Board is invited to consider the options appraisal and make a recommendation to Cabinet.

1. BACKGROUND**Prevention Concordat for Better Mental Health**

- 1.1 The [Prevention Concordat for Better Mental Health](#) (the Concordat) is an initiative led by Public Health England (PHE) to facilitate local and national action around preventing mental health problems and promoting good mental health.
- 1.2 The Concordat was designed so that all stakeholders (such as local authorities, NHS organisations, voluntary sector organisations, employers, and educational organisations) could sign up to it. Any organisation committed to promoting good mental health could become a signatory.

Mental Health in the Borough

- 1.3 [Hampshire's Joint Strategic Needs Assessment](#) (JSNA) looks at the current and future health and wellbeing needs and inequalities within our Hampshire population. It is used to inform and guide the planning and commissioning (buying) of health, wellbeing, and social care in the local authority area.
- 1.4 Common mental disorders (CMDs) include several types of depression and anxiety. In children and young people, girls aged 17 to 23 years, those from White and mixed ethnic groups, those with special educational needs, and long-term physical health conditions were also more likely to have a probable mental disorder. Aldershot has higher numbers of children with probable mental disorders compared to the rest of Hampshire.
- 1.5 In people aged sixteen and over, around one in six reported experiencing a CMD, in any given week in England, this included any type of anxiety or depression. Women were more likely than men to have reported CMD symptoms. There are 163,500 patients in Hampshire aged eighteen and over who have depression recorded on their practice disease register. The prevalence of depression in Hampshire, 14.4%, is higher than the England prevalence of 12.3% and has been increasing over the last nine years.
- 1.6 Severe mental illness (SMI) refers to people with psychological problems that are often so debilitating that their ability to engage in functional and occupational activities is severely impaired. Schizophrenia, bipolar affective disorder, and other psychoses are included under SMI. The number of patients with SMI registered with a GP practice is recorded through QOF. Nationally the prevalence of SMI is 0.95% for all ages, and across Hampshire the prevalence is lower at 0.8%. This equates to 11,300 people across Hampshire.

Supporting Communities Strategy

- 1.7 The Council's [Supporting Communities Strategy](#) is a plan to tackle deprivation and inequalities across Rushmoor, including mental and physical health.

UK Shared Prosperity Fund

- 1.8 The [UK Shared Prosperity Fund \(UKSPF\)](#) aims to build pride in place and increase life chances across the UK. One mission within the fund is to improve wellbeing in every area of the UK, with the gap between top performing and other areas closing.
- 1.9 The Council will be given £898,395 for the 2024/25 budget year with around £70,000 allocated in the UKSPF investment plan for health-related projects.
- 1.10 UKSPF project allocations will be agreed alongside the 24/25 budget. Officers are reviewing the original project list. These proposals will be brought forward for consideration by the Board at the November meeting. These proposals will be informed by earlier Board discussions on town centre regeneration, community engagement and this topic.

2. CONCORDAT GAP ANALYSIS

Sign up process

- 2.1 Stakeholders who wish to sign the Concordat must develop a local Prevention Concordat action plan that describes how they are planning to prevent mental ill health and promote wellbeing.
- 2.2 There is no fee attached to signing up to the Prevention Concordat for Better Mental Health. However, there is officer time cost to developing an application and action plan. There will be a cost to the delivery of the commitments and activities within the action plan. This could be restricted to officer time if the activity falls within existing work programme. Otherwise, the Council may need to commit more financial resources to achieve these.

Where we are

- 2.3 The Council does not have a mental health strategy. However, the Council fully recognises its role as part of the Frimley Health and Care Integrated Care System (ICS) with a shared role to support delivery of the Healthier Communities Strategy. [Our Strategy | Frimley Health and Care](#). Mental health is recognised as one of the Council's key health priorities that needs to be addressed. The importance of mental health is highlighted in a number of the Council's plans and strategies, including Our [2030 Vision](#), the [Council Plan](#), our UKSPF investment plan, the [Housing and Homelessness Strategy](#), the [Green Infrastructure Strategy for Rushmoor 2022](#), and the [Supporting Communities Strategy](#).
- 2.4 In our 2030 Vision, for example, one of our aspirations is for Rushmoor residents to enjoy good physical and mental health and wellbeing from childhood right through to their senior years. Our Council Plan 2023-2026 acknowledges the importance of continuing to support the physical and mental health of our residents to reduce health inequalities in Aldershot and Farnborough.
- 2.5 We committed ourselves to continue to work with our partners to deliver against the priorities in the Supporting Communities Strategy, where mental and physical health is one of five key themes. The strategy identifies elevated levels of mental health issues and depression compared to other Hampshire boroughs and includes an objective to facilitate the physical, mental, and financial recovery of communities via the provision of appropriate, sustainable, and community-based food initiatives. The strategy mentions a respectable number of projects that aim to improve physical and mental health, and most of them are funded.
- 2.6 In October 2022, Hampshire County Council (HCC) signed up to the Concordat and published a Hampshire Mental Wellbeing Strategy. RBC may be successful at securing funding for some of any unfunded mental health projects by working with HCC and aligning priorities and resources.

The application and action plan

- 2.7 The Prevention Concordat for Better Mental Health requires five evidence-based steps to embed good mental health into organisations' plans.
- 2.8 Understanding local need and assets. This will require a mental health needs assessment specifically for Rushmoor. This can be done using quantitative and/or qualitative data that is available in the public domain, within services and/or with local partners. A more comprehensive approach would include engagement with local organisations and communities to gain insight into their needs and assets. This could involve conducting targeted online surveys or focus groups to evaluate the needs of the wider community or specific groups such as prison population, parents, Black and Minority Ethnic or Black, Asian, and Minority Ethnic (BAME), and LGBTQ. PHE recommends the use of the Warwick-Edinburgh Mental Wellbeing scale (WEMWEBS). The aim is to reach a clear understanding of the key mental health issues affecting local communities and the interventions that should be prioritised to meet local needs.
- 2.9 Partnership and alignment. This can be achieved by working closely with Frimley Health, HCC, GP surgeries, and local voluntary organisations to identify needs and agree priorities. It may also involve sharing and analysing local information as well as involving those with lived experience in planning and delivery. RBC has worked with partners on the development of our Supporting Communities strategy, which was updated earlier this year.
- 2.10 Translating needs in deliverable commitments. The needs assessment will result in a set of recommendations for services, commissioning, and promotion of the wider social and economic determinants of mental health. Several proposals may be put forward to improve mental health and wellbeing. This may include upskilling staff and volunteers to talk about mental health and to signpost to services, increasing people's knowledge of promotion and prevention, or more targeted interventions. Funding may be needed for some of these projects. The proposals will eventually need to be drafted into a framework or a strategy with clear identified priorities and funding to support delivery. Our Supporting Communities strategy includes several projects aimed at improving mental health. This could be a good starting point for defining commitments and plans.
- 2.11 Defining success outcomes. Agreed outputs and outcomes across the organisation that prove delivery of plans, level of partnership engagement and the measurement of impact/ improvements in local communities in relation to preventing mental illness and promoting mental health. An outcomes framework may need to be created based on existing local mental health strategy commitments, along with the new emerging priorities. This could cover risk and protective factors, diagnosis data, and proxy indicators.
- 2.12 Leadership and accountability. This could be achieved by creating a vision and commitment to promoting good mental health; appointing a mental health prevention member champion; and/or having a designated mental health prevention champion at a senior officer level.
- 2.13 Officers estimate that up to £30,000 will be needed to fund a mental health needs assessment and the development of an outcomes-based framework.

3. PROPOSED MENTAL HEALTH PREVENTION ACTIVITY

- 3.1 Mental and physical health is an existing priority in the Supporting Communities Strategy. In December 2022, the Council approved the Supporting Communities refresh, recognising the need to increase the emphasis on Physical and Mental Health projects in relation to supporting wider health and well-being. This is increasingly important given the impact from cost-of-living challenges, long term effects of the pandemic and high levels of obesity and inactivity in the borough.
- 3.2 The Board at its meeting in July agreed that officers look at accelerating existing, and identifying additional, mental health prevention activity.
- 3.3 The Council is working with a range of partners and groups including Aldershot and Farnborough Health Inequalities, Increasing Physical Activity and NEH&F mental health task and finish group to support mental health and reduce health inequalities. Through these meetings and the wider Supporting Communities partners several local projects have been developed.
- 3.4 The table in **Appendix 1** summarises the health projects for the rest of this year and next year, which are being delivered through the Supporting Communities Strategy.
- 3.5 Subject to the agreement of use of UKSPF funds the following projects have been identified with partners and could accelerate and enhance local mental health provision further.

4. OPTIONS APPRAISAL

- 4.1 The UKSPF allocation of around £70,000 for health projects in the next budget year could be used to fund work arising from this report.
- 4.2 The proposed mental health prevention activities require funding of £70,000. Prioritising these projects will make a more immediate impact to improving mental health in the Borough.
- 4.3 A mental health needs assessment and the development of an outcomes framework requires funding of up to £30,000. This work will mean our mental health projects may be more targeted towards need and have a greater impact. However, the Council will be able to fund fewer mental health interventions. These projects should be delayed until after the needs assessment is complete.
- 4.4 The Council could express its strong support for the goals of the Concordat. It could choose to align priorities and resources with HCC in line with their Mental Wellbeing Strategy.

5. RECOMMENDATION

- 5.1 Officers recommendation is to utilise the UKSPF funding for the projects listed in **Appendix 2** and continue to provide local support across the borough. Should the Council support the recommendation, changes to the Community & Partnerships service plan will be made accordingly.

6. **CONCLUSIONS**

- 6.1 Members of the Policy and Projects Advisory Board are invited to consider this report and asked to formulate a recommendation to the Council's Cabinet.

BACKGROUND DOCUMENTS:

[Mental Health and Wellbeing Index – Rushmoor Summary](#)

CONTACTS DETAILS:

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APPENDIX 1

SUPPORTING COMMUNITIES HEALTH PROJECTS

The table below summarises current health projects that are being delivered, or are being developed, through the Supporting Communities Strategy. This sets out the proposed health projects for the rest of this year and next year.

Project Outline	Mental Health Impact	Status	Additional Funding or support needs
Healthy Walks Programme – Recruitment of a healthy walks coordinator to develop a healthy walks programme. The coordinator works with GP's and social prescribers to organise targeted walks for those who are physically inactive or need additional well-being support	The programme supports mental and physical wellbeing. GP's and social prescribers will refer to the programme to combat issues including depression, stress, isolation, and weight loss.	Coordinator in post. First walk launched in September	Funded by Public Health for 18 months. Securing volunteers to become walk leaders will support the long-term sustainability of the project.
Talk Mental – Men's mental health support group – A free, informal mental health support group.	The project arranges informal walks for men to walk and talk together and support mental health	Ongoing	Project is looking for a venue/support towards venue hire to facilitate face to face informal gatherings in addition to the walks. £5k towards running costs
SEEDL Rushmoor Wellness - on line platform providing access to a wide range of live virtual events on subjects like stress reduction, mental health first aid and guided relaxation readings	Provides free courses to all residents including mental health first aid, stress management and wellbeing Yoga. Accessible from libraries and GP surgeries	Ongoing	Funding not required. Ongoing promotion of platform and courses
Gloji weight management programme: 3-year project for adults aged 18 or over with a BMI of 30 or greater (27.5 for Black, Asian, and other ethnic minorities). Clients can either self-refer or be referred through GP/Health/Social prescribers. Programme includes Slimming World – 12 weeks, support with phone calls from health mentors and physical activity.	While the focus is on physical health parts of the programme focus on mental health re. confidence & self-image. Contact with a health mentor is also included.	Started in September	Funded by Public Health for 3 years. Not required

Project Outline	Mental Health Impact	Status	Additional Funding or support needs
Whole Systems Approach to Obesity - Hampshire public health/RBC led programme to support the reduction of obesity levels, in Rushmoor and encourage healthy weights.	While the focus is on physical health parts of the programme focus on mental health re confidence & self-image.	Ongoing	£50K available for innovative projects to mitigate against obesity. Additional support may be required to support some of these projects.
Core 20 Connectors – NHS Frimley and Rushmoor Voluntary Services joint project to recruit, mobilise and support influential community connectors working directly with patients. RVS will recruit two part-time managers and 20 volunteer Community Connectors.	Focus on children and young people and their families, specifically promoting the two Core 20 clinical areas of oral health and mental wellbeing. The aim is to reduce the backlog of tooth extractions in children under 10 and increase access to mental health support for young people.	Starts September	£50k from NHS England for a 12-month period starting September.
Community Health Workers – Recruitment of 4 community health workers (3 in Aldershot, 1 in Farnborough) to work in deprived areas targeting residents with health needs.	Targeted programme to support residents with health needs and provide a range of support	Recruiting soon	Funded by Hampshire, based at Salus 12-month pilot project. Workers will link with RBC C&P team, social prescribers, and other local partners.
Potters Physical Activity & Wellbeing Project - Provides organised fun football sessions for children and physical activity/wellbeing activities for Potters residents to address inactivity.	Project has given residents an opportunity to participate in organised physical activity and a space to focus on their wellbeing by attending Yoga sessions with Rushmoor Healthy Living.	Concludes in October	Funded by Sport England until October. On going need for continued physical and mental health support on site. The project has identified some specific mental health needs for Potters residents. RBC working with health partners to provide expertise support.
General Support to Mental Health groups/providers – The Council is providing ongoing support to local health groups including SUGS and Branches – who currently use RBC offices.	Provided direct mental health support to residents	Ongoing	Funding to provide ongoing support

Project Outline	Mental Health Impact	Status	Additional Funding or support needs
Green social prescribing	Working with social prescribers to engage patients and other local people to engage in nature-based interventions and activities to improve their mental and physical health	Project	Co-ordinator recruited by RVS – project about to start. Additional funding may be required to grow the project.
Youth Café: To provide a weekly, free Youth Café at the West End Centre, Aldershot. The café will provide a safe place for young people to come after school, build friendships and access activities and support. NB: Farnborough has an existing weekly Youth Club which has been rebranded and opened in September.	The project is a response to persistent and growing mental health issues identified by Alderwood school and local partners. A place to go was identified in a survey with Alderwood students as part of the consultation for the project	In development with an aim of opening at the West end Centre in December (funding dependent)	£20k application to Sport England to be submitted in November. Additional £10/15k towards project/activity costs including the provision of informal, professional mental health advice at the Café being sought.
Lighthouse Project - Tices estate, Aldershot. To create a safe, warm welcoming environment offering a range of activities, support, and advice for people of all ages - From fitness activities to a soup club, youth group to parenting support – there will be something for everyone, six days a week.	Providing infrastructure to strengthen the community and create a sense of ownership. It will help address specific issues to improve people's quality of life and support wellbeing.	Early stages of development	The project is very early stages of development but will require £25k of funding.
Men's Shed - To provide a men's shed (North Town) for men (and women)	Provide a social space for people to interact and support mental and physical well being	In development	Ward Grant to be encouraged – but additional funding will be required to set up.
Farnborough and Aldershot Health Inequalities Groups - Primary Care Trust led projects	Includes delivery of outreach events and clinics such as Hypertension, Targeted smoking cessation clinic, health checks and Prostate Check Clinic	Ongoing	Support required to implement projects identified by the established health inequalities groups including raising awareness about self-support for mental health and local provision

Project Outline	Mental Health Impact	Status	Additional Funding or support needs
Cost Of Living Challenges	Support to combat negative mental health impact on residents impacting by cost-of-living challenges	In development	In discussion with partners about targeted support to expand existing cost of living provision to include mental health support

Projects, with a mental health focus, funded by the Rushmoor Community Lottery, Farnborough Airport Environment Grant & Supporting Communities Councillor Grants 2023

- Young carers DofE programme
- Mustard Seed's Curiosity Programme
- Merlin wizzy days for Parkside's The Life Project day service
- Oven for The Vine Centres cookery classes – used as part of their mental health provision
- Tools for Tice's Meadow
- Hockey community outreach
- Therapeutic support for young people with learning disabilities
- The Source Bikes for good (provided to refugees, asylum seekers & local people in need)
- Water Lane playground refurbishment
- Hawley Community Garden Harvest Festival (16/9/23)
- Community Grub Hub outdoor food sanctuary
- Learn to ride courses in schools
- Equipment, transport and event for scouts and guides
- Pond restoration
- Equipment for Community Grub Hub
- Community noticeboard

RECOMMENDED USE OF UKSPF FUNDING – APRIL 24 TO MARCH 25

Project	Impact	Status & Cost
Youth Café: (New project) To provide a weekly, free Youth Café at the West End Centre, Aldershot. The café will provide a safe place for young people to come after school, build friendships and access activities and support including mental health.	The project is a response to persistent and growing mental health issues identified by Alderwood school and local partners. A place to go was identified in a survey with Alderwood students as part of the consultation for the project. Their student Leadership Team, Grainger and Step by Step are all involved in the project. The café will be based at the West End Centre and start in December if funding can be secured	<p>£30k towards the project/activity costs including the provision of youth workers and informal, professional mental health advice at the Café being sought.</p> <p>Funding from UKSPF will enable the Café to open and immediately run sessions.</p> <p>It is anticipated that the Youth Worker from Farnborough Youth Club will work at the Youth Café.</p> <p>National Lottery application being submitted in November 2023 to secure the long-term running of the café.</p>
Cost Of Living Challenges (Existing project to be enhanced)	Support to combat negative mental health impact on residents impacting by cost-of-living challenges	<p>£10k to support mental health provision in relation to cost of living challenges.</p> <p>The Council is in discussion with partners including health about targeted support to expand existing cost of living provision to include mental health support. This includes sessions at libraries and existing warm hubs in community spaces for Winter 2023/4.</p>
Lighthouse Project (New project)- Tices estate, Aldershot. To create a safe, warm welcoming	Providing infrastructure to strengthen the community and create a sense of ownership in one of our deprived areas with significant	The project is in early stages of development but will require £25k of funding. Recommended to provide £10k

Project	Impact	Status & Cost
environment offering a range of activities, support, and advice for people of all ages - From fitness activities to a soup club, youth group to parenting support – there will be something for everyone, six days a week.	health needs. It will help address specific issues to improve people's quality of life and support both mental and physical wellbeing.	from UKSPF with additional external funding being sought.
Farnborough and Aldershot Health Inequalities Groups - (Existing Project to be enhanced) Primary Care Trust led projects	Includes delivery of outreach events and clinics such as Hypertension, Targeted smoking cessation clinic, health checks and Prostate Check Clinic	£15k to Support required to implement local projects identified by the established health inequalities groups including raising awareness about self-support for mental health and local provision
Youth Club – Farnborough (Existing provision – expanded)	Weekly Youth club for young people in Farnborough providing diversionary activities	£5k to support mental health provision at the Youth Club

POLICY AND PROJECT ADVISORY BOARD WORK PLAN

The purpose of the work plan is to plan, manage and co-ordinate the ongoing activity and progress of the Council's Policy and Project Advisory Board, incorporating policy development work carried out through working groups.

(A) CURRENT WORKING GROUPS APPOINTED BY THE POLICY AND PROJECT ADVISORY BOARD

GROUP	MEMBERSHIP 2023/24	CURRENT POSITION	CONTACT
Elections Group	Policy and Project Advisory Board Vice-Chairman (Cllr Jess Auton), Portfolio Holder responsible for Elections Matters (Cllr Sue Carter), Corporate Governance, Audit and Standards Committee (Cllr Peter Cullum) and Cllrs Craig Card, Keith Dibble, Calum Stewart (in the Chair) and Becky Williams	The Group met on 3rd August, 2023, where they reflected on the 2023 Elections and received information on the arrangements for the 2023 canvass. With regard to the Elections Act, the Group received details on preparations for 2024. The Parliamentary Boundary Review, Review of Polling District and Places and the 2024 Elections were also considered at the meeting.	Andrew Colver Contractor andrew.colver@rushmoor.gov.uk Elections Team 01252 398824 elections@rushmoor.gov.uk
Transformation Task and Finish Group	Policy and Project Advisory Board Chairman (Cllr Marina Munro), Portfolio Holder responsible for transformation (Cllr Jonathan Canty), and Cllrs Ade Adeola, Abe Allen, Jules Crossley, Peace Essien-Igodifo and Thomas Mitchell	The Group met on 18th July, 2023, where they considered the Q1 highlights, data and insights and the campaign to encourage people to receive council tax bills by email. The Group also looked forward to future activity and received a round robin on actions and decisions. Rushmoor Transformation TF Group Action Notes - 18th July 2023.pdf The next meeting would be held on 25 October, 2023	Rachel Barker Assistant Chief Executive rachel.barker@rushmoor.gov.uk Alex Shiell Service Manager – Policy, Strategy and Transformation 01252 398188 alex.shiell@rushmoor.gov.uk

(B) OTHER ISSUES/MATTERS FOR THE WORK PROGRAMME

ISSUE	DETAILS	CONTACT DETAILS
	PLACE	
Regeneration – Community Engagement and Structure	At the meeting in June, the Board held a workshop to discuss community engagement related to the regeneration scheme in Farnborough.	Karen Edwards, Executive Director karen.edwards@rushmoor.gov.uk
	PEOPLE	
Hampshire Health and Wellbeing Strategy – Mental Health Concordat	In July the Board met to discuss health and wellbeing activities and strategies across Hampshire as part of a proposal to sign the Governments Prevention Concordat for Better Mental Health. Further discussion on signing the Concordat would take place at the September meeting of the Progress Group and would be followed up with the Board at its September meeting.	Karen Edwards, Executive Director karen.edwards@rushmoor.gov.uk

	OTHER MATTERS	

POLICY AND PROJECTS ADVISORY BOARD

AGENDA PLANNING – 2023-2024

27th June 2023	<ul style="list-style-type: none"> • Regeneration – Community Engagement and Structure
25th July 2023	<ul style="list-style-type: none"> • Hampshire Health and Wellbeing Strategy - Mental Health Concordat
26th September 2023	<ul style="list-style-type: none"> • Anti-Social Behaviour Policy (New) • Hampshire Health and Wellbeing Strategy - Mental Health Concordat
29th November 2023	<ul style="list-style-type: none"> • <i>Residents Survey</i> • <i>UK Shared Prosperity Fund</i>
24th January 2024	<ul style="list-style-type: none"> • <i>Communications & Engagement Strategy (New)</i>
21st March 2024	<ul style="list-style-type: none"> • <u>Procurement Strategy</u> - (existing till 2024) • <u>Climate Change-Strategy-2020-to-2030</u>
<i>Potential items to be considered for 2023/24</i>	<ul style="list-style-type: none"> • Artificial Intelligence

PROGRESS GROUP MEETINGS

Membership: Cllrs Marina Munro (Chair), Jess Auton (Vice-Chair) and Michael Hope, Thomas Mitchell, Mike Roberts, Calum Stewart and Gareth Williams

28th March 2023 Annual Review	<p>Data Hub</p> <p>UKSPF</p> <p>Items going forward</p>	<p>File in Members SharePoint to be set up with data set information – <i>Completed and to be shared with new Members once appointed</i></p> <p>Consider a sub-group in new MY to scope projects</p> <p>RB/AT to meet and pull together a list of all items for consideration for new MY – <i>list compiled awaiting feedback</i></p>
5th July 2023	<p>Farnborough Town Centre Regeneration - Workshop</p> <p>Mental Health Concordat</p> <p>Potential future items</p>	<p>Need for a Masterplan Strategy for Farnborough.</p> <p>Proposal for 25 July:</p> <ul style="list-style-type: none"> - How HCC's Public Health Strategy links with the concordat - What the ICS is doing that links with the concordat - How the Supporting Communities Strategy work links with the concordat - How the concordat applies to the Council and how it can be taken forward - Finance, resource implications and partnership working <p>Climate Change Action Plan</p> <p>Artificial Intelligence/Cyber Security Policy</p> <p>Farnborough Town Centre Masterplan</p> <p>Aldershot Town Centre Strategy</p>

	HCC Budget Consultation	Deadline - 23 rd July Feedback from PPAB – 14 th July Special Hybrid meeting week commencing 17 th July with PPAB (possible 19 th July)
	Transformation T&F Group – Terms of Reference	Agreed
5th September 2023 Page 1	Mental Health Prevention Concordat	Work was underway on a gap analysis highlighting what needed to be achieved to be able to sign the Prevention Concordat. The Supporting Communities Strategy was also being considered as part of this work.
	Anti Social Behaviour Policy	At its September meeting it was proposed that the Board would consider the policy decisions which would inform the new policy.
	Artificial Intelligence (AI)	It was proposed that the Cabinet Member responsible would be invited to the next Progress Group to provide a steer on use of AI.
	Farnborough Town Centre Regeneration	A request was made for an update following the workshop on Farnborough Town Centre regeneration in June 2023. KE to provide and attend the next Progress Group.
	UKSPF	Proposed engagement with PPAB at the November meeting. Parameters changing from Government which has restricted flexibility and ability to achieve goals More information would be shared with Members.
1st November 2023	Procurement Strategy	The forthcoming Procurement Bill would have implications; however the existing Strategy ran until 2024.
		Invite Jonathan Canty – Artificial Intelligence (AI) & Karen Edwards to attend

4th January 2024		
28th February 2024		